

Self-evaluation and strategic competences at the basis of professional agency

Distance learning course

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Rome, 23/08/2021

The subject of the course concerns the strategic competences of professional action. In particular, in all relational contexts, such as for example in teaching or in the management of partnership relationships, people must be able to mobilize four types of competences: cognitive competences, competences related to the affective-emotional sphere, volitional competences, and motivational competences. The course aims to develop awareness on these four dimensions and their components.

A second course will focus on the use of a self-assessment questionnaire useful to facilitate the definition of personal development paths.

Learning objectives

The aim of the course is to encourage the development of knowledge and skills that are functional to act consciously in professional contexts based on relationships. These certainly include training contexts, in which the educational function acts on the basis of multi-polar relationships involving teachers and students. A second context that can benefit from the knowledge and skills developed in this course is that of partnership relations, in which different actors, with different goals and strategies, must achieve shared results.

- developed.

Recipients

For the reasons set out above, the course is aimed at:

- teaching, research and administrative staff of the partner universities of the project;
- staff of research institutes engaged in the training field;
- staff with managerial and coordination functions of the Ministry of Education.

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In case of availability of places, the managerial and didactic staff of the vocational training institutes may also be invited.

Learning outcomes

Upon completion of this course, participants are expected to achieve the following learning outcomes:

- know the concepts of competence and professional agency, in the context of lifelong learning;
- be able to recognize the fundamental characteristics of the dimensions underlying professional agency in relational contexts;
- be able to recognize behaviors attributable to the exercise of cognitive, affective-emotional, volitional and motivational competences;
- be able to describe methods, contexts and conditions favorable to the self-assessment of the competences at the basis of professional agency in relational contexts;
- be able to exercise a critical reflection on one's own competences;
- be able to identify lines and tools for deepening the competences.

The course is developed in the form of distance learning courses.

The distance learning mode requires learners to access a platform where they can find various study materials: videos, texts, exercises, etc. Learners can use the materials at any time of the day, according to their needs, over a total period of 15-20 days. During this period, they can interact asynchronously with a tutor, through a forum.

The courses were written in English, but subtitles of the videos and translations of the texts will be available in Ukrainian.

Estimation of the workload for learners

The estimated workload for the participants is around 20 hours. The course will start in mid-September.

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Distance learning Staff Training Estimation of the workload for learners

Massimo Margottini & Paolo Di Rienzo
Rome, 31/07/2021

This workload estimate refers to two courses delivered in "distance learning" mode:

- 1) Course 1 - Self-evaluation and strategic competences at the basis of professional agency (20 h);
- 2) Course 2 - QPCC - Self-competences and Convictions' Perception (15 h).

The courses can be used through a Moodle platform specially created by the University of Roma Tre. The following table shows the estimates of the fruition and learning times for each of the planned activities. These estimates are based on the University's over twenty years of experience in the provision of distance learning courses.

LEARNING ACTIVITY	Fruition time*	Study time** (to reflect, connect, memorize)	Total
COURSE n° 1			
Video introduction	4'	10'	0h 14'
DU1: The dimensions of professional agency - Video lesson	6'	2h	2h 06'
DU1: The dimensions of professional agency - Texts	2h 30'	4h	6h 30'
DU1: The dimensions of professional agency - Assessment test	20'	1h	1h 20'
DU2: Self-evaluation and strategic competences at the basis of professional agency - Video lesson	9'	2h	2h 09'
DU2: Self-evaluation and strategic competences at the basis of professional agency - Text	1h 30'	3h	4h 30'
DU2: Self-evaluation and strategic competences at the basis of professional agency - Assessment test	20'	1h	1h 20'
Interaction in the forum with the tutor	15'	1h 30'	1h 45'
TOTAL COURSE n° 1			19h 54'

COURSE n° 2			
DU1: The Self-competences and Convictions' Perception Questionnaire (QPCC) - Video lesson	12'	2h 00'	2h 12'
DU1: The Self-competences and Convictions' Perception Questionnaire (QPCC) - Text	1h 30'	2h 00'	3h 30'
WORKSHOP: introduction	15'		0h 15'
WORKSHOP: fill out the QPCC	30'		0h 30'
WORKSHOP: analysis and reflection on the results (10 dimensions)		3h 00'	3h 00'
WORKSHOP: drafting the report		4h 00'	4h 00'
Interaction in the forum with the tutor	15'	1h 30'	1h 45'

TOTAL COURSE n° 2			15h 12'
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* **Fruition time.** It is the time needed to use the materials (view the videos, read the texts, answer the verification tests, etc.). Especially in the case of reading the texts, it is a reflexive fruition, as the learners carry out a first interpretation of the proposed text, attributing the correct meaning to the terms and concepts and forming a general idea of the proposed content.

** **Study time.** It is the time of learning. During it, learners reflect on what they have received and its general meaning, connect concepts with their previous knowledge, reconstruct a mental map of the structure of the content, memorize the main aspects by connecting them to their cognitive schemes, imagine possible applications in their personal life and in their professional activity.